Typography and Readability: An Experiment with Post-Stroke Patients

Leyla Akhmadeeva* Boris Veytsman⁺

TUG2014

 ^{*} Bashkir State Medical University, 3 Lenina Str., Ufa, 450000, Russia
[†]Systems Biology School & Computational Materials Science Center, MS
6A2, George Mason University, Fairfax, VA, 22030, USA



1. Aims

Previous work: despite the lore, the legibility of sans serif and serif are not too different¹.

Reading is a complex process: eyes and brain participate! Do serifs influence recognition of letters?

The difference is too small for healthy subjects—what about the post-stroke patients? Will it amplify the differences?

¹Boris Veytsman and Leyla Akhmadeeva. Towards evidence-based typography: First results. *TUGboat*, 33(2):156–157, 2012. http://www.tug.org//TUGboat/ tb33-2/tb104veytsman-typo.pdf; Leyla Akhmadeeva, Ilnar Tukhvatullin, and Boris Veytsman. Do serifs help in comprehension of printed text? An experiment with Cyrillic readers. *Vision Research*, 65:21–24, 2012. ISSN 0042-6989. doi: 10.1016/j.visres.2012.05.013. URL http://www.sciencedirect.com/science/ article/pii/S0042698912001721

Two-fold aims:

- 1. Study how post-stroke patients read texts.
- 2. Help the patients by giving recommendations to publishers.

We compare Paratype Serif and Sans Serif fonts:

- Paratype Serif
- Paratype Sans

2. Experimental problems

- 1. Ethics considerations: we cannot ask the patients for something not useful for them!
- 2. Population problems: we cannot have hundreds of patients.
- 3. Variance problems: the speed of reading and comprehension varies.

3. Methods

- 1. The patients are given rehabilitation-related texts (instructions etc) in four parts.
- 2. Half of the patients receive the parts as Serif \rightarrow Sans \rightarrow Serif \rightarrow Sans, half as Sans \rightarrow Serif \rightarrow Sans \rightarrow Serif
- 3. We measure time of reading and the number of correct answers.
- 4. We perform *paired* comparisons: same patient, different texts.

Selection criteria:

- 1. Post-stroke patients,
- 2. Ability to read text,
- 3. Fluency in Russian language,
- 4. Absence of dementia,
- 5. Absence of aphasia

Participants selected: N = 19, including 12 males and 7 females. Average age 54 ± 11 years.

4. An aside: students and patients

Words per minute:



Number of correct answers:



5. Results

Words per Minute:



Number of correct answers:



No difference between average numbers.

Another approach: *paired* comparisons: compare serif and sans data for the same patient.

Above x = y diagonal means Sans > Serif

Below x = y diagonal means Sans < Serif

Words per minute:



Number of correct answers:



6. Conclusions

- 1. It is more difficult to measure typography influence on the reading by post-stroke patients than by the healthy subjects.
- 2. The difference between serif and sans serif is very small.

7. Acknowledgements

- Lilia Nurtdinova (medical student, Bashkir State Medical University, Ufa, Russia).
- Patients
- Republic Clinical Hospital, Bashkortostan
- TUG

References

Boris Veytsman and Leyla Akhmadeeva. Towards evidence-based typography: First results. *TUGboat*, 33(2): 156–157, 2012.

http://www.tug.org//TUGboat/tb33-2/tb104veytsman-typo.pdf.

Leyla Akhmadeeva, Ilnar Tukhvatullin, and Boris Veytsman. Do serifs help in comprehension of printed text? An experiment with Cyrillic readers. *Vision Research*, 65:21–24, 2012. ISSN 0042-6989. doi: 10.1016/j.visres.2012.05.013. URL http:

//www.sciencedirect.com/science/article/pii/S0042698912001721.